

Taco Seasoning

Looking for homemade taco seasoning? Depending on how spicy you and your family like your dishes, use as little or as much as you want. Store in an airtight container.

Recipe by **BILL ECHOLS** | Updated on November 29, 2022

Prep Time: 5 mins

Total Time: 5 mins

Ingredients

- 1 tablespoon chili powder
- 1 ½ teaspoons ground cumin
- 1 teaspoon sea salt
- 1 teaspoon ground black pepper
- ½ teaspoon ground paprika
- ¼ teaspoon garlic powder
- ¼ teaspoon onion powder
- ¼ teaspoon crushed red pepper flakes
- ¼ teaspoon dried oregano

Directions

Step 1

Mix together chili powder, cumin, salt, pepper, paprika, garlic powder, onion powder, red pepper flakes, and oregano in a small bowl.

Nutrition Facts

Per serving: 5 calories; total fat 0g; sodium 185mg; total carbohydrate 1g; dietary fiber 0g; total sugars 0g; protein 0g; vitamin c 1mg; calcium 7mg; iron 3mg; potassium 31mg